

High Protein Flatbread

Ingredients	%
Deflavourised Pulse Flour (Pea or Faba Bean)	45
Rice Flour	45
Oat Fibre	7
Sugar	2
Salt	1



Nutrition Facts	
Serving size	(100g)
Amount per serving	
Calories	360
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 57g	21%
Dietary Fibre 12g	43%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 29g	
Vitamin D 0mcg	0%
Calcium 72mg	6%
Iron 4mg	20%
Potassium 860mg	20%

*The % Daily Value tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram Fat 9 • Carbohydrate 4 • Protein 4



Contact us:

For more information or to speak to somebody about this recipe please call your local Univar Solutions representative or contact us at:

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