

Vegan Cheese Spread

Ingredients	%
Water	49.9
Shortening	21
Deflavoured Faba Bean Flour V-6000	8.5
Deflavoured Faba Bean Protein	8.3
Lime Juice	3.7
Sunflower Oil	3.7
Rice Vinegar	2.4
Lemon Juice	1.2
Titanium Dioxide	0.5
Lactic Acid	0.4
Xanthan Gum	0.2
Salt	0.2

Procedure

- Mix water, Deflavoured Faba Bean Flour V-6000, and Deflavoured Faba Bean. Heat over medium heat, stirring constantly, until the mixture reaches 72°C
- Add the heated paste, lemon juice, lime juice, rice vinegar, shortening, white corn syrup, coconut oil, and sunflower oil into blender
- Blend for 30s, pausing to scrap down sides of blender as needed
- Add salt, xanthan gum, and titanium dioxide into blender
- Blend for 30s, pausing to scrap down sides of blender as needed
- Transfer into a container and store in refrigerator. Cream cheese is ready to serve after cooling to 4°C

Nutrition Facts

Serving size	(100g)
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 25g	32%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 11g	4%
Dietary Fibre 2g	7%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 1mg	6%
Potassium 214mg	4%

*The % Daily Value tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Calories per gram Fat 9 • Carbohydrate 4 • Protein 4



Contact us:

For more information or to speak to somebody about this recipe please call your local Univar Solutions representative or contact us at:

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