

Falafel Waffle

Value Proposition - Improved eating quality through texture and taste

Chickpea Flour is a fine milled flour that builds structure and enhances the overall taste

HEMOCRAFT® Create GF 20 is a gluten-free tapioca and rice flour mix that brings superior quality to applications such as moist bakery products

NOVATION® 4600 is a clean label, fast hydrating instant starch, with medium process resistance

Faba Bean Protein Concentrate 60% supports the colour and texture

Ingredients	%
HEMOCRAFT® Create GF 20	26.00
Water	42.30
Chickpea Flour	10.00
Coconut Oil	6.70
Icing Sugar	6.00
NOVATION® 4600	2.00
Faba Bean Protein Concentrate 60%	1.80
Ground Cumin	1.20
Ground Coriander	1.20
Baking Powder	0.80
Salt	0.80
Sunflower Lecithin	0.60
Cinnamon	0.24
Smoked Paprika	0.18
Ground Ginger	0.12
Turmeric	0.06

Nutrition Facts	
Serving size	(100g)
Energy	239kcal / 994kj
Fat	6.7g
of which saturates	2.7g
Carbohydrate	36.1g
of which sugars	5.2g
Protein	3.1g
Dietary Fibre	5.1g
Sodium	0.323g



Preparation:

1. Melt coconut oil (indirect heating)
2. Pre-blend all dry ingredients
3. Add water to dry ingredients and mix
4. Add melted oil and mix
5. Bake in waffle iron at medium temperature for 6 minutes

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