





Gluten Free Shortbread Cookies

Faba Bean Flour V6000 is a faba bean flour, extremely finely milled and rich in starch. It contributes to develop a biscuit with a short texture but a good bite, and with a smooth texture. Additionally, it gives the biscuit a full flavour and a creamy color

Tapioca Starch (native tapioca starch) and FARINA (native potato starch) are used as filler. Tapioca and potato are used as sources because they provide good hot thickening properties, are bland in taste and not powdery in mouth

Ingredients	%
Butter	26.20
Faba Bean Flour V6000	17.50
Potato Starch	17.50
Tapioca Starch	17.50
Sugar	8.70
Icing Sugar	8.70
Pasteurised whole eggs	3.50
Baking Powder	0.20
Salt	0.10
Vanilla Aroma	0.01

Preparation (Hobart, paddle attachment, speed 1):

- 1. Cream the butter and sugar
- 2. Add eggs, (lemon juice) and vanilla & sugar
- 3. Mix for 2 to 3 minutes till homogeneous
- 4. Add flours and starches and shortly mix
- 5. Sheet and cut or wire cut
- 6. Bake at 160°C and cool

